

FASHION, SHOPPING & CARE™

The 3-Minute Newsletter for Men, Women & Teens

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CLOTHING CARE ... with Steve

Stain School & Care: Spring Cleaning!

Household Items

Spring is known as the time to clean – not just the home, but all the things made of fabric; drapes, swags, cornices, furniture covers and upholstery, clothing and bedding.

Drapes

Air-borne particles, furnace dust and fumes from the kitchen deposit on your drapes and window coverings. Though none of these may show as obviously as a red paint stain, I assure you that they are there! All of these impurities shorten the life of your drapes.



Therefore, your drapes and window coverings should be cleaned every year (two years at most). A preventive vacuuming — with a soft-bristled attachment — can help maintain the fabric, but it does not completely remove all the soil that eventually weaken and discolor fabrics.

You can take down your own drapes — marking the panels and locations — or your cleaner may be able to take them down, clean and re-hang them for you.

Furniture Covers

Covers and upholstery take lots of abuse and should be cleaned at a similar interval to your drapes. Look at a piece of the original fabric or an armrest cover to see how they have faded or soiled. Turning over cushions only works for so long, and then they will need a thorough cleaning.

Cushion covers can be cleaned while still on the cushion, or they can be removed for cleaning. Spraying a little silicone between the cushion and the cover will help you slide them in and out easily. (Next issue, Clothing & Bedding)

Steve Boorstein is an author, clothier, drycleaner & radio personality

FASHION & STYLE ... with Kate



Building a Wardrobe: Flatter YourSELF

Sunglasses that Compliment You!

Design and taste are always important, but remember safety, too. Sunglasses should state, "400 UV or 100% UV protection."

Style

When it comes to selecting sunglasses that are right for you, the most important thing to remember is that "one style does not fit all." Mixing and matching a minimum of two to three pairs of sunglasses with your outfits and your moods is ideal. But don't despair — with so many sunglass styles, shapes, prices and colors out there, shopping should be both fun and easy on the wallet. Also don't forget to consider your face shape when you're shopping for new sunglasses.

Sunglasses can help balance your face, so it's best to choose a frame that's opposite from the shape of your face. I call this counter-balancing.

Round face

- Square or rectangle frames



Heart-shaped face

- Rounded without a top-heavy frame



Square face

- Round or oblong designs



Oblong face

- Frames that stretch horizontally to reach the ends of your face



Kate Rice Jones styles clothing for TV and private clients. Appearing in more than 400 style segments, she's worked with TV Guide, USA Network and Lifetime's Head 2 Toe. Kate delivers style solutions.

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