

FASHION, SHOPPING & CARE™

The 3-Minute Newsletter for Men, Women & Teens

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CLOTHING CARE ... with Steve

FASHION & STYLE ... with Kate



Stain School & Care: White Clothing 3

Last issue we talked about general, *overall* yellowing and graying, and how to avoid it by adopting better seasonal-storage and washing habits. The best advice is to dryclean or wash clothing at the first sign of soil and to always clean by season end.

You can “lose” favorite white and light-colored clothing to specific spots in specific areas; collars, cuffs, waist, under-arms, and the whole front of any garment.

Beating “Localized” Stains ...

- ▶ Unknown sprays from apples, citrus fruits and white wine account for many of the mysterious spots that pop up.
- ▶ Splatters from cooking oils, and “drips” from dressings, account for many “dot-size” spots.
- ▶ Collar soil from cologne, make-up, body oils and perspiration account for larger stains.
- ▶ Perspiration accounts for most of the yellowing and discoloration under the arms.

MOST of the above-mentioned stains can be removed from white garments if you carefully inspect and respond quickly. White garments in fabrics such as cotton, silk, acetate and linen can all be stain free.

If you get a stain on washable clothing, treat it and wash it. If you get a stain on dryclean-only clothing, mark the area, point it out, and have it drycleaned within 48 hours.

Shopping Savvy – The White Garment

When you shop for white and light clothing, be sure to inspect it closely before you get to the cash register. Some garments are “tried on” by customers and have soil and stains in various areas; make-up inside the neckline, body oils and lotions, ink “swipes” ... Just 2 minutes can save lots of hassles.

Steve Boorstein is an author, clothier, drycleaner & radio personality

Building a Wardrobe: Body Balancing

Part 4: Clothes That Flatter You: Complimentary Clothes

In the last issue we addressed “Pear-Shaped” bodies and how to select the most trimming and complimentary clothing.

Here’s a short list of general clothing items that are my picks for Body Balancing another body type.

Do You Have an “Inverted” Pear Shape?

Diminish Your Top With ...

- V-Necks
- Long layered jewelry
- Dark colors
- No pockets
- No boat necks
- Button down shirts
- No shoulder pads



Broaden Your Bottom ...

- Broaden Your Bottom
- Patterned bottoms
- Full and gathered skirts
- Belts
- Light colors
- Lighter washed denim
- Pant details like pockets



If you missed one of the issues that addressed your body shape, ask your host for a back copy, or email The Clothing Doctor directly!

Next Issue: Orange-Shaped Bodies



Kate Rice styles clothing for TV and private clients. Appearing in more than 400 style segments, she’s worked with TV Guide, USA Network and Lifetime’s Head 2 Toe. Kate delivers style solutions.

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